



State Community Health Worker Advisory Committee Meeting

May 17, 2021



Welcome and Roll Call

Opening Remarks

Kimberly Hiner, Chair

CDC-RFA-DP21-2109: CHWs for COVID Response and Resilient Communities (CCR)

Kristi Pier, MHS, MCHES

Director, Center for Chronic Disease Prevention and Control,
Prevention and Health Promotion Administration, MDH

February 16, 2021 Meeting Minutes

CHW Certification Update

Certification Update: Sept. 1, 2019 – May 17, 2021

# applications submitted to MHD:	908
# submitted applications in review process (under review and applicant receiving assistance):	107
# total CHW certificates issued by MDH:	801

Updated Deadline for Certification based on Experience!

- The previous deadline for **certification based on experience** has been changed per Governor Hogan's Order 21-03-09-03.
- **Applications for CHW certification based on experience will only be accepted through June 30, 2021.**
- Outreach to potential CHW applicants

CHW Certification Training Program Accreditation Update

Accreditation Update: Jan. 1, 2020 – May 17, 2021

Accreditation of CHW Certification Training Programs

# applications submitted to MHD:	10
# applications in review process (under review and applicant receiving assistance):	3
# total accreditations issued by MDH:	7

Accredited CHW Certification Training Programs

1. Access to Wholistic and Productive Living Inc.
2. Asian American Center of Frederick in partnership with Hagerstown Community College
3. Baltimore City Community College
4. Heritage Care Inc.
5. Howard County General Hospital, Johns Hopkins Medicine
6. Maryland Area Health Education Center Program
7. Washington County Commission on Aging, Inc.

CHW Specialty Certification

Chronic Disease Management: Diabetes



**Community Health Worker
Specialty Certification
Chronic Disease Management: Diabetes
Final Presentation**

**Rachael Molitor
May 17, 2021**



CHW Specialty Certification Overview

CHW Specialty Certification

Main Goals

- Identify and convene an expert stakeholder group to consider minimum requirements for a CHW specialty certification in Chronic Disease Management: Diabetes
- Draft potential amendments to COMAR 10.68.01, 10.68.02, and now 10.68.03

Summary of Strategic Plan

1. Conduct a literature review
2. Develop application and evaluation materials for the Expert Stakeholder Group
3. Select Expert Stakeholder Group members
4. Hold 3 Expert Stakeholder Meetings (2 hours each)
5. Collect and analyze feedback/recommendations from Expert Stakeholder Group

Summary of Strategic Plan

6. Send recommendations out to other MDH and external subject matter experts for feedback
7. Use recommendations and feedback to amend the COMAR regulations
8. Present to CHW Advisory Committee for feedback
9. Complete the process for the adoption of the regulations into COMAR

CHW Specialty Certification: National Landscape

State	Instruction	Experience
Rhode Island (Cardiovascular Health & Diabetes; Older Adults)	30 hours of education/training within the past 2 years on domains named by the certification board	3 months or 500 hours of paid or volunteer work experience within the past two years
Indiana (Recovery Specialists & Chronic Care Professional Health Coach)	40-hour, self-paced online course, post-test (80% passing)	10 hours of primary care-based experience and 10 hours of clinical experience
New Mexico (NM)	12 hours of training in a chosen specialty area.	0 hours of experience.

CHW Specialty Certification Stakeholder Meetings

Stakeholder Group

Name	Affiliation
Angela Cole	Certified CHW
Akasha Dotson	Certified CHW
Margaret Fowler	Certified CHW
Tiffany Scott	Certified CHW
William Ward	Certified CHW
Colleen Swank	Local Health Improvement Coalition Grants Coordinator, Frederick County LHD
Dr. Shelly Choo	Director, Maternal and Child Health Bureau, MDH
Dr. Debony Hughes	Director, Office of Oral Health, MDH
Dr. Kashif Munir	Endocrinologist, UMD
Dr. Lisa Schocket	Ophthalmologist, UMD
Dr. Paul Sheitel	Podiatrist, retired, ADA Advisor
Dr. Hoai-an Truong	Pharmacist, UMES

Proposed Domains: Chronic Disease Management - Diabetes

1. Understand the principles of chronic disease management for community health workers
2. Define prediabetes, diabetes, and types of diabetes
3. Describe the potential impacts of diabetes
4. Explain the importance of monitoring blood glucose levels
5. Identify the classes of medications used to treat diabetes

Proposed Domains: Chronic Disease Management - Diabetes

6. Explain the steps in managing diabetes for life
7. Identify resources for individuals at risk of developing diabetes or who have been diagnosed with diabetes
8. Understand how diabetes affects pregnancy
9. Explain the importance of age and developmental level for children and youth with diabetes

Proposed Chronic Disease Management Domains

Chronic Disease Management - Domains	Select skills and abilities include, but are not limited to:
Describe social determinants of health	<ul style="list-style-type: none"> Describe social determinants of health Describe how health literacy and health education contribute to overall well-being Describe health equity Identify examples of health inequity Identify the barriers to care: social, socio-economic, educational, cultural, and environmental
Describe chronic disease including self-management programs, tools and strategies	<ul style="list-style-type: none"> List the most prevalent chronic diseases in Maryland Describe the importance of nutrition, exercise, and physical activity Describe the importance of adherence to self-management of and treatment for chronic disease Explain the importance of medication management and medication interactions Assist with crisis recognition and intervention Explain vital sign measures including, but not limited to: blood pressure, heart rate, respiratory rate, and temperature Identify disease specific tests related to specific chronic diseases (e.g. A1c, cholesterol)
Demonstrate teaching skills to promote healthy behavior change in individuals with chronic disease	<ul style="list-style-type: none"> Engage individuals in health promotion and chronic disease prevention Provide information for chronic disease self-management programs Provide on-going and follow-up support for individuals who experience health inequity Provide on-going and follow-up support for healthy behavior change

Chronic Disease Management: Diabetes Domains	Select skills and abilities include, but are not limited to:
1. Chronic Disease Management	<ul style="list-style-type: none"> Understand the community health worker domain areas for chronic disease management
2. Define prediabetes, diabetes, and types of diabetes	<ul style="list-style-type: none"> Define prediabetes, Type 1, Type 2, and gestational diabetes Identify the risk factors, demographics, clinical presentations, and diagnosis criteria for diabetes <ul style="list-style-type: none"> Type 1, Type 2, gestational diabetes Understand how diabetes affects pregnancy Define A1c
3. Describe the potential impacts of diabetes	<p>Systemic Complications Associated with Diabetes:</p> <ul style="list-style-type: none"> Define stroke, heart attack, vascular disease, kidney disease, vision loss, nerve damage, metabolic complications, genitourinary disorders, erectile dysfunction, periodontal disease, pedal manifestations Explain how pain affects quality of life Encourage individuals to discuss blood, urine and other laboratory tests with their healthcare provider <p>Cardiovascular Health:</p> <ul style="list-style-type: none"> Define heart disease Identify the signs and symptoms of heart disease Define silent heart attacks Explain how diabetes affects the heart Explain the relationship between high blood pressure, cholesterol, and diabetes Define stroke Explain the warning signs of a stroke Explain how diabetes increases the risk of having a stroke <p>Eye Health:</p> <ul style="list-style-type: none"> Explain the importance of routine eye examinations for individuals with diabetes Explain why complying with treatment is essential to preserve vision Individuals with severe complications may need monthly treatment Emphasize that high blood sugars can lead to permanent loss of vision

Proposed Minimum Requirements

Domains	Minimum Requirements
Instructional Hours	25 hours
Assessment of Instructional Hours	Objective written knowledge assessment
Experience/ Practicum	A supervised practicum is required
Experience/ Practicum Hours	80 hours
Experience/ Practicum Assessment	Assessment by the supervisor/ preceptor on completion of core requirements
Renewal	20 hours of a broad range of professional development in areas related to the Domains (No assessment. CHW must show proof of completion.)

Public Health Impact

Project selected as the winner for the
Johns Hopkins School of Public Health
U.S. Excellence in Public Health Practice
Award

Resources

1. *CCHW Specialty Application* [PDF]. (2019, October). Harrisburg: Rhode Island Certification Board.:
https://drive.google.com/drive/folders/1VD6OrIPoutVlz21Lsp_dL-bTHlyNiRba
2. <https://www.aspinaccept.org/the-process/>
3. <https://www.nmhealth.org/about/phd/pchb/ochw/>
4. <https://www.nashp.org/state-community-health-worker-models/>

Thank you!

This has been an incredible opportunity and I thank all of you for your support and passion for Community Health Workers. I am looking forward to seeing the end results of this project.

Special thanks to Tina Backe, Coordinator of the CHW Program and PHASE Preceptor for your support over the course of the project!

Draft Potential Amendments to COMAR 10.68.01-.03

CHW Advisory Committee – Upcoming Meetings

Upcoming CHW Advisory Committee Meetings

Quarterly CHW State Advisory Committee meetings, 1 PM – 3 PM, to be held virtually or at MDH:

- **August 16, 2021**
- **November 15, 2021**

Open Discussion

Experiences/challenges in the COVID-19 environment???

CHW Program Contacts and Links

Maryland CHW Certification Website

<https://pophealth.health.maryland.gov/Community-Health-Workers/Pages/Home.aspx>

Maryland CHW Phone Line

410-767-5971

Maryland CHW Email Addresses

MDH.CHW@Maryland.gov

MDH.CHWApplications@Maryland.gov

Contacts

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Adjournment

Motion, second, and vote to adjourn.
Thank you for joining us today!

We wish you well!

The CHW Team